

Blueberry Bread Pudding

Easy & Delicious

Makes 9 Servings



Ingredients:

8 slices day old white bread, cubed

1 cup frozen blueberries

2 cups skim milk

1 cup EGG BEATERS Healthy Real Egg Product

2/3 cup sugar

1 teaspoon vanilla extract

½ teaspoon ground Ceylon cinnamon

Directions:

1. In large bowl, combine milk, Egg Beaters, sugar, vanilla and cinnamon;
2. Pour over bread mixture;
3. Set the pan in a larger pan filled with 1-inch depth hot water;
4. Bake at 350 degrees F. for one hour or until knife inserted in center comes out clean;
5. Serve warm with caramel sauce or whipped dairy free topping; or eat plain.